

Yoga and the hokey-pokey...how to build a culture of change from the ground up



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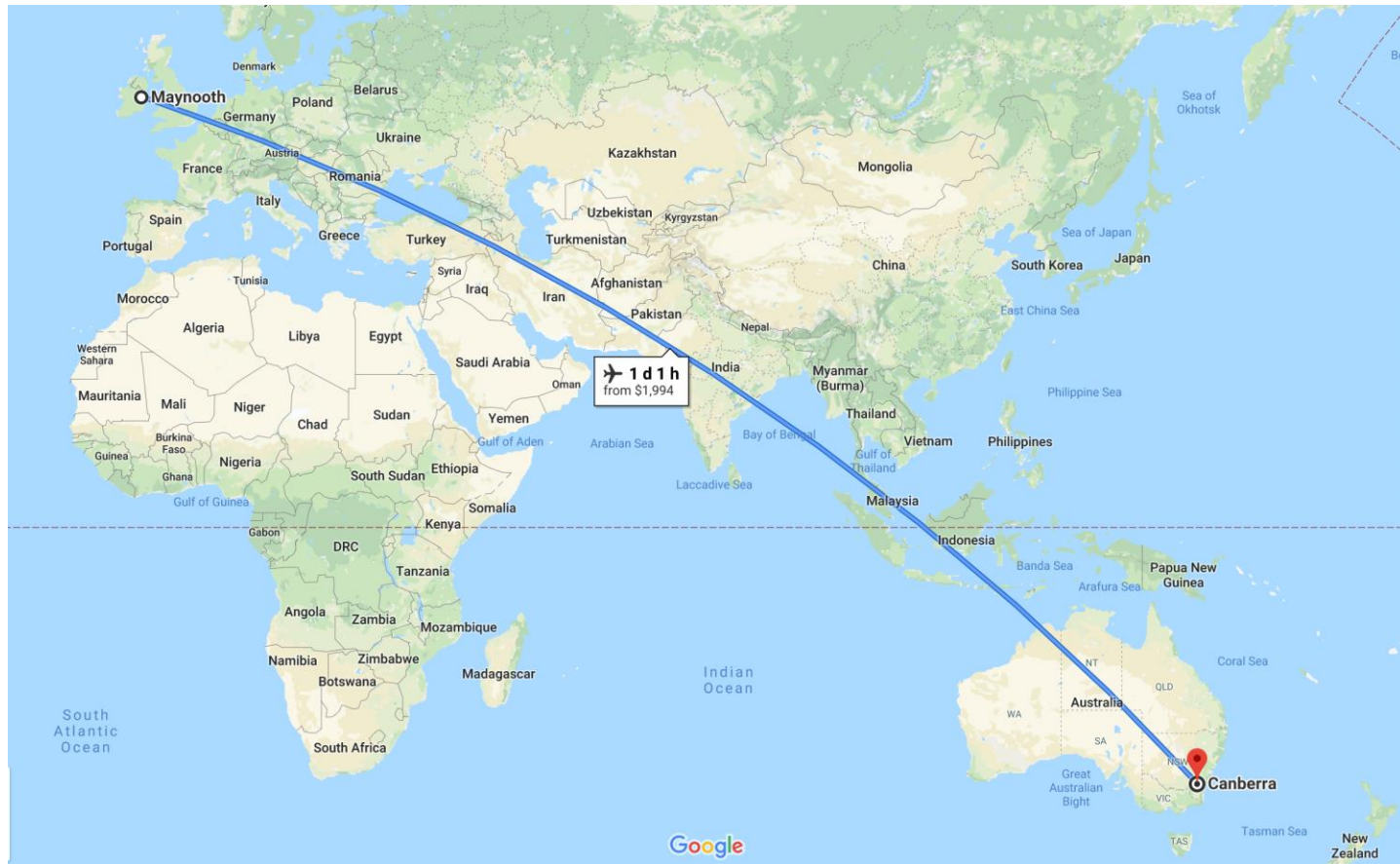
Assistant Registrar Student Central & Global Programs



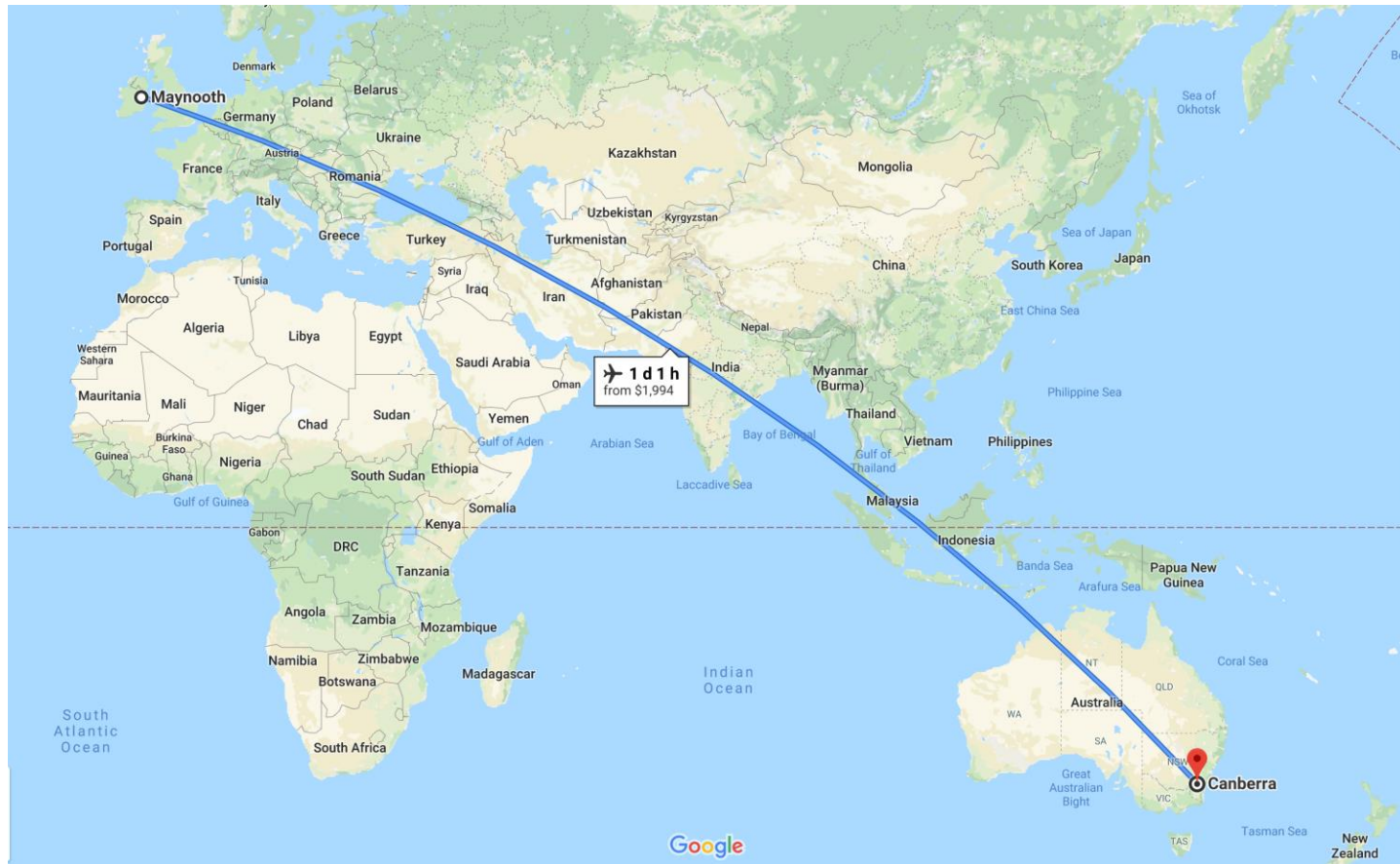
Why are we here?



It's a bloody long way...



It's a **very** long way...



Ice-breaker - get to know your neighbour



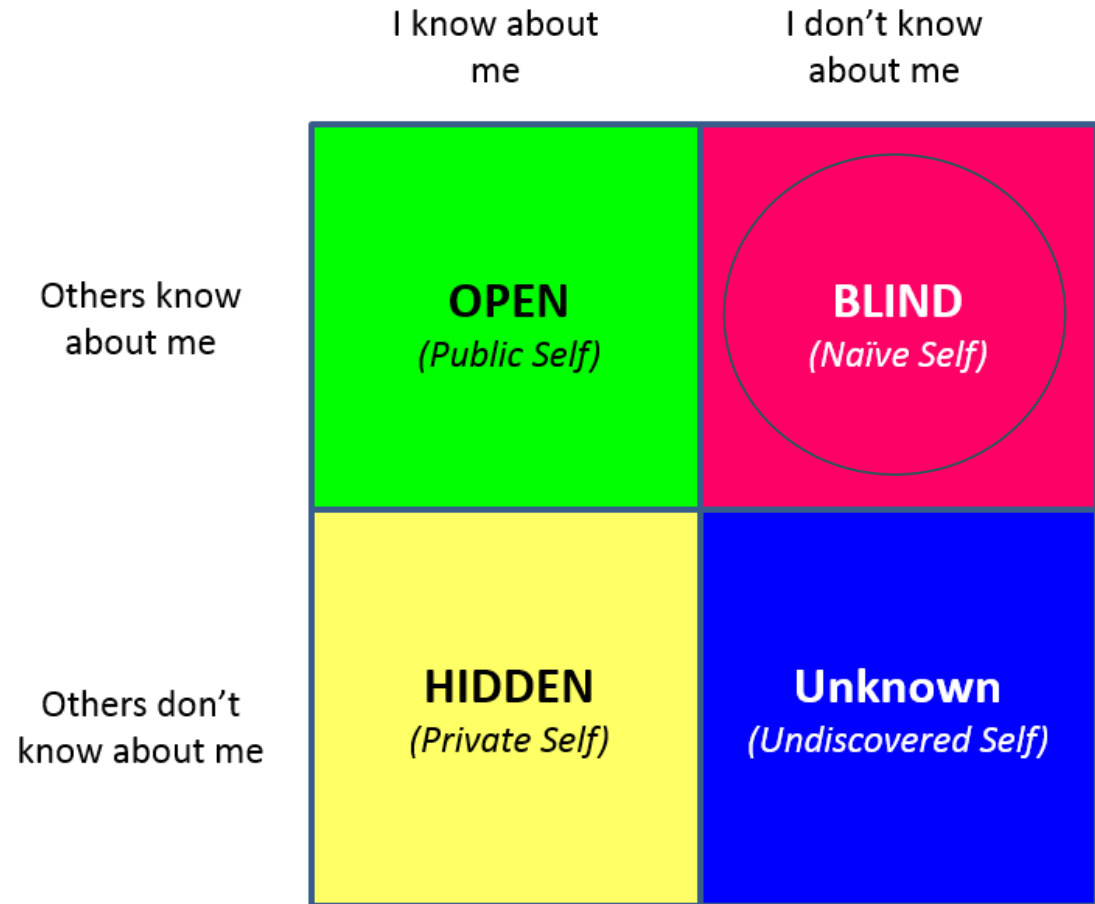
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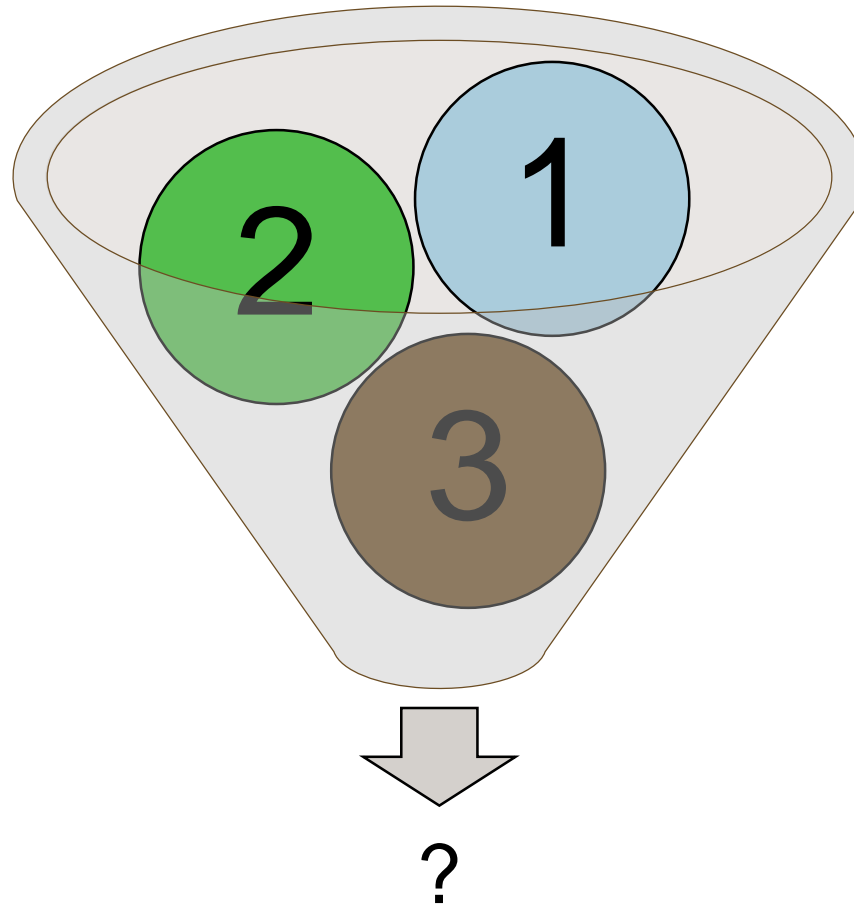
Here's the story...



Know yourself...



Time for action



Measures of success



Recommended reading

- *Mindset* by Carol Dweck
- *What Matters Now* by Gary Hamel
- *First, Break all the Rules* by Marcus Buckingham and Curt Coffman
- LinkedIn...no, really!
- Any other suggestions?

Questions

